

## **HOLY MASS: A Father's Love that heals**

### **KNOW YOUR FAITH SERIES**

The second Person of the Most Holy Trinity became human like us in Jesus, in order to reveal the Love of the Father for all of us

**JESUS PROVED GOD'S LOVE FOR HIS PEOPLE BY HEALING MANY OF THEIR SICKNESSES AND DISEASES. (Luke 9:11; Matthew 4:24).**

Jesus' life, death and resurrection is all about healing people from SIN, the spiritual disease that threatens their eternal life, and to restore them back to New Life in the Father-children relationship.

**AT MASS JESUS CONTINUES HIS WORK OF FORGIVING AND RESTORING AND HEALING RELATIONSHIPS.**

As Mass is about to begin, the first words we pray along with the priest are "IN THE NAME OF THE FATHER and of the SON and of the HOLY SPIRIT".

Coming "In the Name of the Father...", means that we come into His presence, we identify with Him, we unite ourselves to Him, and believe everything which is about to take place during this liturgy with a resounding "AMEN!"

Many people who suffer emotionally and spiritually, have not experienced the love of God the Father for them, because they have never known the love of their earthly father.

### **TESTIMONY**

DORIS was such a person: her father had left her mother and three small children when she was very young. Until she turned 18, she believed her father had died. When she discovered that he was alive, she tried to connect with him. But by the time she found his address, it was too late. He had died. She learned from an aunt that the father had lived his last years feeling shame for what he had done. She decided to visit his grave at the cemetery. Overcome with grief and pain for not having been able to meet him alive, she cried out to God: "It's too late, too late. I have no father!" At this point she heard a voice say, "I am your Father". Amazed and seeing no one around she heard the words again, but this time softer. "I am your Father".

Hard to believe at first, but the God she had feared before, now spoke to her and filled her with His love and peace. Now she understood the opening words of greeting that the priest addresses the people with at the beginning of Mass: "The grace of our Lord Jesus Christ and THE LOVE OF GOD and the fellowship of the Holy Spirit be with you all" (2Corinthians 13:13).

Doris said in her testimony: "Because God revealed Himself to me as Father, I no longer feel the hurt of an abandoned child, nor the pain from my fruitless search. I was healed so that only the memory and none of the pain remains.

Where God was once only a remote figure of the Trinity, He is now the Father I talk with, walk with, and praise each day."

**NEXT WEEK: Penitential Rite and Healing.**